

## **CURRICULUM VITAE**

Tammy J. Stephenson, PhD

1550 Elkchester Pike, Lexington Kentucky 40510

### **Education**

2001	PhD in Nutritional Sciences	University of Kentucky
1997	BS in Food Science & Human Nutrition	University of Kentucky

### **Employment**

July 2017- current	Associate Professor (DOE = 65% teaching, 25% administration, 10% research) Director of Undergraduate Studies in Human Nutrition & Dietetics (400 students) University of Kentucky Department of Dietetics & Human Nutrition College of Agriculture, Food, and Environment
2014-2017	Assistant Professor (DOE = 65% teaching, 25% administration, 10% research) Director of Undergraduate Studies in Human Nutrition & Dietetics (500 students) University of Kentucky Department of Dietetics & Human Nutrition College of Agriculture, Food, and Environment
2010-2014	Senior Lecturer (DOE = 100% teaching and advising) Director of Undergraduate Studies in Human Nutrition & Dietetics (550 students) University of Kentucky Department of Dietetics & Human Nutrition School of Human Environmental Sciences, College of Agriculture
2005-2010	Full-Time Lecturer (DOE = 100% teaching and advising) University of Kentucky Department of Nutrition & Food Science School of Human Environmental Sciences, College of Agriculture
2001-2005	Full-time Temporary Faculty (DOE = 100% teaching and advising)
2001-2003	Adjunct Faculty, Lexington Community College Teaching of night classes of DHN 101: Human Nutrition & Wellness
1997-2001	Nutrition Research Coordinator & PhD Graduate Student University of Kentucky Department of Internal Medicine Faculty Advisors: James W. Anderson, MD & Paolo Fanti, MD

### **INSTRUCTION: 69.5%**

#### **2001-2018 Courses Taught**

<u>Course</u>	<u>Years Taught</u>	<u>Sample class size</u>
DHN 101: Human Nutrition & Wellness	2001 - 2007, 2011-14	Fall 07 – 300 students Fall 13 – 400 students Distance learn.
DHN 212: Introductory Nutrition	2001 – 2017	Spr 18 – 150 students Fall 17 – 200 students Sum 16 – 35 students Distance learn.
DHN 241: Food Service Sanitation	2003-2004	Fall 04 – 50 students
DHN 302: Principles of Food Preparation	2002	Sum 02 – 20 students
DHN 304: Experimental Foods	2002 – 2013	Fall 12 – 48 students Fall 13 – 61 students

DHN 315: Nutrition Issues in Physical Activity*	2004 – 2017	Spr 18 – 46 students
		Spr 17 – 58 students
DHN 374: Research and Writing in Dietetics*	2014 –2016	Fall 17 – 34 students
		Fall 16 – 42 students
DHN 408G: Seminar in Nutrition & Food Science	2001 – 2007	Spr 07 – 26 students
DHN 510: Advanced Nutrition	2001 – 2017	Spr 18 – 80 students
		Spr 17 – 100 students
DHN 474: Research in Nutrition: Theory*	2004 – 2010	Fall 10 – 35 students
DHN 475: Research in Nutrition: Applications*	2004 – 2011	Spr 11 – 35 students
UK 101: Academic Orientation	2004 – 2015	Fall 15 – 24 students
GEN 100: Current Topics in Ag, Food, Env't	2017	Fall 17 – 27 students

\*Indicates this was a new course that I proposed and developed.

Summary of Course and Teaching Evaluations for the past 10 years as assessed by University of Kentucky student evaluations each semester.

Overall Quality of Course: **3.9/4.0** (College Mean = 3.3-3.5)

Overall Quality of Teaching: **3.9/4.0** (College Mean = 3.3-3.5)

**OVERALL QUALITY OF CLASS**

	F 07 (4)	S 08 (4)	F 08 (4)	S 09 (4)	F 09 (4)	S 10 (4)	F 10 (4)	S 11 (4)	F 11 (4)	S 12 (4)	F 12 (4)	S 13 (4)	F 13 (4)	S 14 (4)	F 14 (4)	S 15 (4)	F 15 (4)	S 16 (4)	F 16 (5)	S 17 (5)	F 18 (5)
DHN 101									3.7 DL	3.4 DL		3.5 DL									
DHN 212	3.8	3.9	3.8	3.7	3.9	3.9	3.9	3.8	3.9	3.8	3.9	3.9	3.9	3.9	3.9	3.9	3.7	3.8	4.8	4.9	4.7
DHN 304	3.8		3.6		3.7		3.9		3.8		3.8		3.9								
DHN 315		3.8		3.8		3.9		3.8		3.8		3.8		3.8		3.8		3.6		4.6	
DHN 374															4.0		3.9		4.8		4.3
DHN 474					3.6		3.6														
DHN 475						3.7		4.0													
DHN 510		3.9		3.8		4.0		3.9		3.9		3.9		3.8		3.9		n/a		4.8	

**OVERALL QUALITY OF INSTRUCTOR**

	F 07 (4)	S 08 (4)	F 08 (4)	S 09 (4)	F 09 (4)	S 10 (4)	F 10 (4)	S 11 (4)	F 11 (4)	S 12 (4)	F 12 (4)	S 13 (4)	F 13 (4)	S 14 (4)	F 14 (4)	S 15 (4)	F 15 (4)	S 16 (4)	F 16 (5)	S 17 (5)	F 18 (5)
DHN 101									3.6 DL	3.4 DL			3.5 DL								
DHN 212	3.9	4.0	3.9	3.9	3.9	3.9	3.9	3.9	4.0	3.8	3.9	3.9	3.9	3.9	3.9	3.9	3.8	3.9	4.9	4.9	4.8
DHN 304	3.9		3.8		4.0		4.0		3.9		3.9		4.0								
DHN 315		3.9		3.9		3.9		4.0		4.0		3.9		3.9		3.9		3.9		4.9	
DHN 374															4.0		3.9		4.9		4.5
DHN 474					3.9		3.9														
DHN 475						3.9		4.0													
DHN 510		4.0		3.9		4.0		3.9		4.0		3.9		3.9		3.9		n/a		4.9	

## **Academic Advising**

Director of Undergraduate Studies in Dietetics and Human Nutrition – 2010-current

- 380 dietetics and human nutrition students as of October, 2017
- Coordinate program assessment and submission of curriculum materials
- Admissions Policy for programs went into effect Fall 2014

Co-Director of Undergraduate Certificate in Nutrition for Human Performance – 2016-current

- 20 dietetics and human nutrition students as of October, 2017
- Meet with eligible students in DHN, establish course progression, monitor progress, and coordinate experiential learning capstone project.

Director of Undergraduate Studies in Human Nutrition - 2005-2010

- Role included development of program website and advising materials and leadership in program assessment.

Undergraduate advising to Human Nutrition & Dietetic Majors

- 20-150 advisees per semester, individual 30-60 minute meetings scheduled with each and follow-up emails and meetings
- Training and mentoring of Academic Coordinator and faculty advisors

## **Undergraduate Research Mentoring**

- Sustained undergraduate research mentoring through DHN 591 credit
- Sustained research mentoring for 2-3 dietetic interns annually
- 2009-2011 ALL students *presented posters at UK Undergraduate Showcase of Scholars(eUreKa)* making it the most represented major at the showcase, 1 student published research in *Kaleidoscope* magazine

### 2017-2018

Connor VanMeter	Understanding the prevalence and experiences of food and housing insecure students at the University of Kentucky (Gaines Senior Thesis)
Caroline Blincoe	Independent Study with UK Athletics Nutrition
Kurt Brown	Nutrition for Sport and Fitness: Practical Application
Cheyenne Brunig	Independent Study with UK Athletics Nutrition
Aundrea Busse	Independent Study with UK Athletics Nutrition
Shae Carson	Independent Study - CSSD
Kara Coldiron	Independent Study with UK Athletics Nutrition
Asa Conkwright	Independent Research on Ubatuba Paprika Production and Product
Caroline Creason	Independent Study with UK Athletics Nutrition
Wes Daniel	Nutrition for Sport and Fitness: Practical Application
Avery DePaso	Independent Study with UK Athletics Nutrition
Nicole Matteoli	Independent Study with UK Athletics Nutrition
Katie Pierce	Independent Study with UK Athletics Nutrition
Micaela Serrano	Independent Study with UK Athletics Nutrition
Emily Stoeckle	Nutrition and Dental Health
Taylor Tuszynski	Independent Study with UK Athletics Nutrition
Alana Widen	Independent Study with UK Athletics Nutrition

### 2016-2017

Tina Mousa  
Kendra Oo

Healthy Eating Recommendations and Practical Guidelines for Children  
Continuation: Sustainable Approaches to Fighting Hunger: Development and  
Evaluation of an Innovative Gleaning and Nutrition Education Program Among  
Food Insecure Children in Lexington, KY

Callie Pendleton  
Allison Berger  
McKinsey Steurer  
Taylor Fink  
Anna Townsend

Maternal Nutrition: Global attitudes and policies towards breastfeeding  
Nutrition and Physical Therapy  
Independent Study with UK Athletics Nutrition  
Independent Study with UK Athletics Nutrition  
From Seed to Stem: Assessing Indoor Garden Models for Sustainable  
Agriculture and Hunger Solutions

### 2015-2016

Kendra Oo

Sustainable Approaches to Fighting Hunger: Development and Evaluation of an  
Innovative Gleaning and Nutrition Education Program Among Food Insecure  
Children in Lexington, KY (funded by UK Undergraduate Research Fellowship)

Paul Wilkerson  
Gray McLaughlin

Omega-3 Fatty Acids and Dementia  
Hypothalamic Regulation of Appetite

### 2014-2015

Gray McLaughlin  
Rachel Flanery  
Kassidy Brown  
Victoria Bastin  
Mary Boulanger

Color Your Plate Senior Center Intervention  
PKU – Health Information for Families and Healthcare Providers  
Health and Diet Habits of Health Professionals  
An Analysis of Food Security in Togo, West Africa  
Childhood Food Insecurity in Kentucky: A Compilation of the Ramifications of  
Food Insecurity on Health, Education, and Psychological Well-Being  
Campus Kitchens at the University of Kentucky: Gleaning at South Farm  
Over-the-Counter Dietary Supplements: Development of educational materials  
Experiential Learning in a Trauma-1 Emergency Room  
*Plate It Up! Kentucky Proud* community involvement and recipe development  
Independent Study with UK Athletics Nutrition (2 semesters)  
Independent Study with UK Athletics Nutrition  
Independent Study with UK Athletics Nutrition  
Independent Study with UK Athletics Nutrition  
Independent Study with UK Athletics Nutrition  
Color My Plate: Senior Center Nutrition Program

Jordan Bressler  
Cody Stewart  
Haely Studebaker  
Elizabeth Henry  
Cody Bunch  
Whitney Kurasek  
Jalyn Hill  
Samantha Mellert  
Alejandra Sanchez  
Gray McLaughlin

### 2013-2014

Mary Boulanger  
Hannah Maddox

Clinical nutrition research in Cuzco, Peru (\$2,492 travel grant awarded)  
Evaluation of body composition before and after 3-month exercise and dietary  
intervention

Stephanie Hargrove

Salt Intake: A balancing act – consequences of consuming too much or too  
little sodium.

Julia Goodin  
Elizabeth Renzaglia  
Kassidy Brown  
Walter Brown  
Jennifer Ann Kennedy  
Brenda Parker  
Gabriella Woods  
Natalie Yan

World Hunger and Malnutrition – UFWH Summit and Studies  
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Breanna Robbe	<i>Plate It Up! Kentucky Proud</i> community involvement and recipe development
Erin Gibson	<i>Plate It Up! Kentucky Proud</i> community involvement and recipe development
Robin Westrick	<i>Plate It Up! Kentucky Proud</i> community involvement and recipe development
Kayla Murtaugh	<i>Plate It Up! Kentucky Proud</i> community involvement and recipe development
Holly Bemiss	<i>Plate It Up! Kentucky Proud</i> community involvement and recipe development
Erin Stamper	<i>Plate It Up! Kentucky Proud</i> community involvement and recipe development
Danielle Harp	<i>Plate It Up! Kentucky Proud</i> community involvement and recipe development

2012-2013

Tracy Carter	The Connection Between Meat Consumption and Cancer
Cory Eakins	Why do parents introduce solid foods before the recommended age?
Corey Hawes	Increased obesogenic potential related to increased screen time
Caitlin Mahon	Survey of administration and recording of prescribed supplements
Katherine Moore	Use of Electronic Textbooks in Nutrition
R. Coty Mills	Plate It Up! Kentucky Proud Recipe and App Project
Jeremy Swiney	Analyzing the Contributing Factors and Challenges in Preventing and Controlling Obesity in Rural Kentucky
Lauren Taylor	Physical activity habits of college students

2011-2012

Melanie Alexander	The Perils of a College Student: Lecture-based Learning Falling on Deaf Ears
Allison Bond	Second Sunday Fayette County: Student perceptions of Service Learning Activity
Amy Camenisch	Consumer Issues Related to Alternative Diets
Teresa Cox	Consumer surveying of UK Dining patrons

2010-2011

Annamarie Behr	Correlation between stress and calorie consumption
Katherine Bentley	How does the built environment of the University of Kentucky affect freshman weight gain?
Allison Bond	Correlation between breakfast intake and physical activity
Elizabeth Bray	Illicit use of prescription drug Adderall among college students and its nutritional side effects
Elizabeth Clark	The effects of nutrition education on body mass index in college students
Brooke Dailey	Consumption of caffeinated beverages and effect on body mass index in college students
Jennifer Ernst	Correlation between practicing yoga and following a balanced diet
Stephanie Fawbush	Alcohol consumption has no significant effects on weight gain in college students
Jeremy Gilbert	The correlation between physical activity levels and consumption of organic foods
Michael Girton	The dietary and physical activity habits of working college students
Maggie Grisanti	A review of the correlation between instances of digestive problems/diseases and ethnicity, dietary intake, and stress level
Laura Guy	Late night meals away from home associated with increased body mass index
Michael Haag	Sleep deprivation and snacking – a match made in college
Rachel Henage	Correlation between relationship status and body mass index among students at the University of Kentucky
Breana Hendrix	Correlation between tobacco usage and body weight in college students
Lauren Hodel	The effect of portion control on body mass index
Jennifer Humkey	A comparison of the dietary consumption of college students before and after spring break

Megan Johnson	Correlation between college student's majors and vegetarian, vegan, and pescetarian diets
Jenna Klingenberg Stephanie Laganis	The effects of family dinner on college weight gain and body mass index The effects on health when organized sports played in high school are no longer played in college
Tiffany Lawson Regina Lewis	Body image perception in Merchandising, Apparel, and Textile students The effects of food choice on body mass index in college students living on campus and off campus
Katherine Marx Alisha Moore	Health effects of vegetarian diets Caffeine, its use, and its effects on student grade point average on a University campus
Harriet Oduro Eric Pettinato	The effects of stress on weight in college students The effects of physical activity on sleep patterns and breakfast consumption of college students
Abby Priddle Becca Quinn	The effects of physical activity on collegiate academic performance Correlation between the lifestyle and dietary habits of college students and dental health
Nicole Scherzer	The effects of stress management techniques on academic performance in college students
Ashley Smith Jentry Stephens	Correlation between eating breakfast and academic success of college students A search for the most nutritious and affordable food options readily available for University of Kentucky college students
Tracey Thackston J. Luke West	The role of physical activity in high school students academic performance Microbial resistance: A snapshot of University of Kentucky hygiene and antibiotic usage
Leigh White Natalie Wipperman	Caffeine intake in college students Alcohol consumption correlating with a decrease in fruit and vegetable intake in college students
<u>2009-2010</u>	
Shira Abernathy	Food choices made by elementary students in a Kentucky school during breakfast and lunch compared to their socioeconomic status.
Autumn Abraham	The effects of spring break on physical activity levels among college students: A comparative analysis between self-reported pre-spring break and post-spring break physical activity levels.
Aaron Barnes Courtney Belden	Nutritional education content to help reduce weight in obese subjects. The Relationship Between Nutrient Intake and the Incidence of Injuries in Female Collegiate Athletes
Katelyn Brough Courtney Butler	The Correlation between Stress and Unhealthy Food Choices in College Females The Effects of Regular Physical Activity on the Grade Point Averages of College Students
Rachel Clark Cynthia Cockerham Erika Contasti Sarah Drake Holli Dunn	The effects of late night eating on body weight in college students. Spending habits of college students at supermarkets and restaurants Correlation between beverage intake patterns and body weight. Fruit and vegetable consumption of college women. Dietary Supplements and their Affects on Weight Loss in Relation to Physical Activity in Undergraduate Females at the University of Kentucky
Scott Elliott Kyle Golibersuch Amy Gonnella Emily Hayman	Exergaming - usage and efficacy in promoting health on a college campus. Oral health behavior of young adults and its effects on dental caries The relationship between caffeine consumption and a student's GPA. Correlation between Caffeine Consumption and Symptoms of Acid Reflux Disease
Lindsay Hubbard	Usage and nutritional side effects of Adderall on two University campuses.

Aaron Jones	The Effects of Fruit and Vegetable Intake on BMI and Feeling of Well Being
Joanna Kasper	The Effects of High Fructose Corn Syrup on Body Weight in College Students
Emily Lippard	Correlation between Soda Consumption, BMI and Knowledge of the Effects of High-Fructose Corn Syrup in College Students
Abbas Malik	Effects of smoking on the body mass index of college students.
Kirby Mayer	Breakfast intake in college and high school students
Lindsey Mayes	Correlation between a college student's amount of exercise and their utilization of group fitness at the University of Kentucky.
Courtney McDonald	The effects of skipping meals on undergraduate college students.
Eric Oberst	Correlation between the Consumption of Alcohol and Late Night Food Intake
Katie Oster	Marijuana has limited effects on BMI and physical activity in college students
Noon Parnichyakorn	The correlation between carbonated beverage consumption, dietary selections, and weight gain.
Daniel Pierce	The relationship between alcohol intake.
Emily Reeves	The correlation between late night eating and weight gain in college students.
Angela Siriphokha	The correlation between multivitamin use and fruit and vegetable intake.
Nikita Tailor	The relationship between owning a pet, physical activity and well-being.
Susan Wofford	Correlation between stimulant drug usage, GPA and dietary intake.
<u>2008-2009</u>	
Christina Armstrong	Alcohol Consumption and Weight Gain in College Students
Josephine Ayayee	Availability and Consumption of Fruits and Vegetables on the University of Kentucky Campus
Ryan Barry	The Effects of Supplementation and Exercise Habits in College Males
J. Tyler Bolin	The Effects of Physical Activity on Cognition in Relation to GPA in College
Courtney Bowlin	Childhood Obesity: A County Comparison in Kentucky
William Buford	"ENERGY" Drinks: Their Effects on the Mind and Body in College Students
Amber Cornett	The Effects of Exercise on Preventing the "Freshman Fifteen" in Undergraduate Students of the University of Kentucky
Bennicia Davis	Stress Increases Unhealthy Food Choice Among Women
Farah Deen	The effects of eating a well balanced breakfast on achieving academic success in college students
Ashley Diamond	What Are the Effects of Age and Gender on the Population's Attitudes and Knowledge Regarding Trans Fat Consumption?
Megan Hord	The Correlation Between Places of Higher Education and Caffeine Dependency
Michelle Howard	The Effects of Food Choices and Nutritional Status on Game-time Performance in Female High School Basketball Players
Audra Isaac	The Relationship between Indoor Tanning and Eating Habits of College Students
Scott Jacobs	Nutritional Side Effects of Adderall Abuse Among College Students
Taylor Kronn	Energy Balance and Metabolic Requirements in the Backcountry
Blair Malench	Weight Gain in the College Student due to the increased frequency of Fast Food Consumption Containing a High Saturated Fat Content and Caloric Load
Alana Marcrum	The Benefits of Magnesium on the Prevention of Migraines in College Students
Shirlena Moore	Caffeine Consumption and Its Effects Associated with Student Employment but not GPA in College Students
Kortney Osborne	The Use of Contraceptives: What are perceptions of use and how it affects weight gain?
Adam Prewitt	Supplemental use of Hydroxycut not prevalent on college campuses
Adele Rauen	Low-calorie snack foods show no correlation to weight loss and maintenance of college students when looked upon as an individual factor
Chelsea Stevens	Effect of Obesity-Related Beliefs on Physical Activity, Diet, and Weight Status

W. Daniel Thompson	Correlation between Energy Drink Consumption and Likelihood to Engage in Risky Behavior on a College Campus: A Research study
Austin Tiller	The Effects of Nicotine: The Lack of Effects on Weight Loss and Maintenance in College Students at the University of Kentucky
M. Kendall Warner	Lack of physical activity in childhood can lead to poor academic performance in college years
Jonathan Yeung	Short Sleep Duration and Its Link with Body Mass Index, Physical Activity, and Stress

### **Graduate Research Mentoring**

Kendra Oo	UK Food Access Survey and Focus Groups (Committee Chair, 2018-)
Afsheen Umaima	Cook It Up! Teaching cooking skills to college students – Evaluating impact on phytonutrient intake, body composition, and blood carotenoid levels (Committee Chair 2017-)
Emily Ashton	The effects of enrollment in an introductory nutrition course on dietary habits and body composition of college students (Committee Chair, 2015-2017)
Leslie Hildesheim	Hunger in Kentucky – SNAP subsidies and nutrition (Committee Chair, 2017-)
Hannah Ford Hickey	Relationship between diet, BMI, and availability of food and beverages in vending machines across seven different rural high schools in Kentucky and North Carolina (Committee member, 2016-2017)
Rachel Gillespie	Connecting self-efficacy of dietary choices and the association with dietary intake among rural adolescents in North Carolina and Kentucky (Committee member, 2016-2017)
Emily DeWitt	Social marketing campaign at farmers’ markets to encourage fruit and vegetable purchases in rural counties with a high obesity prevalence (Committee member, 2015-2017)
Miguel Gamboa Oropeza	Evaluation of a diabetes self-management program for Hispanics in Lexington, Kentucky (Committee member, 2015-2016)
Alyson Humphrey	Color Your Plate with Fruits and Vegetables: A community-based intervention highlighting the health benefits of consuming phytochemical-rich fruits and vegetables in older adults (Committee Chair, 2015-2016)
Gilliam Tsao	Attitudes of seniors towards farmer’s markets in the U.S. and China (Committee member, 2015-2016)
Emma Simpson	Stress and caffeine consumption of college students (Committee Member, 2015-2016)
Emily Dickens	Color Your Plate: A pilot nutrition education intervention to increase fruit and vegetable intake among older adults participating in the congregate meal site program in Kentucky Senior Centers (Committee member, 2015-2016)
Mandee Martin	Body composition measures: comparison amongst collegiate athletes (Committee member, 2016)
Sean O’Nan	Evaluation of diet composition of pediatric cancer survivors as a need for nutrition counseling (Committee member, 2016)



Siddhi Shroff	Impact of the healthy hunger-free kids act on the phytochemical content of school lunch menus (Committee member, 2015)
Matthew Saulnier	Linking together the home and neighborhood environment on dietary intake among rural adolescents (Committee member, 2014-2015)

### **Out-of-Class Activities Related to Teaching, Advising, and Student Success**

Co-Coordinator, CAFE Peer Mentoring Program – 2016-2017  
 Coordinator, CAFE Part-of-Term Course Program – 2016  
 Faculty Advisor to UK Chapter of CHAARG (Changing Health Attitudes and Actions to Recreate Girls) – 2015-current  
 Faculty Advisor to the Campus Kitchen at the University of Kentucky – 2014-current  
 Faculty Advisor to Spoon U at the University of Kentucky – 2016-current  
 Presentation U Faculty Fellow – Graduation Composition and Communication Requirement (invited) – 2014-2015  
 Turner Leadership Academy Mentor – 2009-2013; Mentee Kayla King (Ag Biotech) recognized as the top TLA graduate of 2013  
 Assessment Coordinator for Dietetics and Human Nutrition programs – 2010-current  
 Faculty Learning Committee on Service Learning (selected) – 2009-2011  
 Faculty Advisor to Student Dietetic and Nutrition Association - 2002-2016  
 Academic Advisor to Delta Delta Delta Sorority (200 members) - 2004-current  
 Chapter Advisor to Delta Delta Delta Sorority (200 members) – 2001-2004  
 President of Delta Delta Delta Sorority Lexington-area Chapter -2010-2012  
 Secretary of Delta Delta Delta Sorority Lexington-area Chapter – 2004-2011  
 Faculty Advisor to UK Students Caring for the Elderly – 2008-2010  
 Faculty Advisor to UK Men’s Club Lacrosse Team – 2009-2011  
 UK 101 Instructor – 2006-2015  
 UK FUSION Field Volunteer – 2006-2010, 2016  
 Microteach Group Leader – 2006, 2008, 2009  
 Honors Program Journal Advisor for Kit Donohue – 2008-2009  
 Faculty Learning Committee on Service Learning (selected) – 2009-2011  
 Discussion Group on Classroom Attendance Policies (invited) – 2009  
 Summer Teaching and Learning Institute (invited) - 2010  
 Freshman and Transfer Student Scholarship reader – 2007

### **Student Engagement Opportunities: Representative Sample**

#### *Campus Kitchen at the University of Kentucky (2014-current)*

- The Campus Kitchen at the University of Kentucky (CKUK) became the 31<sup>st</sup> affiliate of the national Campus Kitchens Project in 2014. Dietetics student Walter Brown and I were honored to lead the efforts in bringing the first Campus Kitchen to the state of Kentucky. CKUK is an on-campus, student outreach organization that creates sustainable solutions to decreasing food waste while providing healthy meals to those struggling with food insecurity. As of Spring 2016, CKUK has served 5220 meals, rescued 6705 lbs of food, and served an average of 302 clients per month. Of importance to student success, students from majors across campus have volunteered 8669 hours with CKUK! In April, 2016, CKUK was selected from 51 Campus Kitchens across the nation as the 2016 Campus Kitchen of the Year. “Since their launch just two years

ago, the Campus Kitchen at the University of Kentucky has had a significant impact on the issues of food waste and hunger in their community,” said Laura Toscano, director of the national organization. “Their innovative work includes not only providing meals, but also creating an intergenerational mentoring program that decreases isolation for older adults, which is one of the underlying root causes of hunger for the senior population. It is our pleasure to recognize their work through the Campus Kitchen of the Year Award.” CKUK is funded through multiple internal and external grants such as grants from the UK Student Sustainability Association, the AARP Foundation, and the Walmart Foundation. As well, private donors support the work of the organization. More information is available at <http://dhn-hes.ca.uky.edu/CKUK> .

#### *Plate It Up! Kentucky Proud (2009-current)*

- The PIUKP project successfully blends the three mission of a land-grant institution – research, teaching, and extension/outreach. This project is a collaborative effort between the Department of Dietetics and Human Nutrition, Extension, and the Kentucky Department of Agriculture. Students in DHN 304: Experimental Foods develop health promoting recipes using Kentucky grown produce. These recipes, with nutrition information, are printed on professional recipe cards for distribution at farmer’s markets and through other programming. As well, the recipes and supplemental materials (video, podcasts, etc) are available online. Since 2009, 325 recipes have been developed and tested with 83 of them fully developed and printed as professional recipe cards. Over 1.5 million recipes cards have been distributed throughout the state and the project has been spotlighted by the KDA and numerous media outlets. The project has led to the publication of multiple journal articles and professional presentations at a variety of meetings and conferences. PIUKP is fully funded through the Specialty Crops Block Grant Program of the USDA. To date, approximately \$330,000 of grant funding has supported the project.

#### *The Legacy Trail Research Project (2012-2014)*

- Students in DHN 315: Nutrition Issues in Physical Activity participated in an undergraduate research service learning project with University of Kentucky faculty, staff, and administrators assessing usage and recommendations of Legacy Trail users. Students worked in teams to complete this two-part project. To start, teams visited the Legacy Trail trailheads to assess usage on various days of the week and at various times of day. Then, students completed IRB Human Subjects Training before surveying Legacy Trail patrons on what improvements they would like seen to the trail. Based on these surveys, student teams developed Legacy Trail proposals that were then shared with vested constituents. Students were surveyed on their involvement in this research/service learning activity and results were presented at the HES Research Luncheon in October 2012 and published in the NACTA Journal.

#### *Student Dietetic and Nutrition Association Hunger Work (2008-2016)*

- SDNA has taken a leadership role on the University of Kentucky campus in educating students, faculty, and staff about food waste on campus and hunger both at a local and global level.
- In February 2014, I travelled with 15 undergraduate students to the Universities Fighting World Hunger Summit in Auburn, Alabama. One student presented a research poster at the meeting.
- Multiple successful fundraising efforts have been undertaken. To date, over \$3,000 has been donated to the KY Academy in Ghana, funds raised for the Big Blue Pantry, and a meal packaging event (10,000 meals) organized.

- A plate waste study was conducted at Blazer Cafeteria which led to a “Getting Wasted at UK” tshirt slogan. Tshirt sales raised \$2800 for donation to the Kentucky Academy in Ghana.
- SDNA has partnered with other student organizations on campus to raise awareness about hunger through the collection of nonperishable food items.
- Between 2011 and 2016, over 40 DHN students have attended the UFWH Annual Summit.
- Four SDNA members presented their hunger work at the Academy of Dietetics & Nutrition annual meeting in October, 2011 in San Diego, CA.

#### Healthy Campus Initiative (2010-2011)

- Students in DHN 315: Nutrition Issues in Physical Activity assessed physical activity and wellness opportunities on UK’s campus and developed interactive internet-based maps to promote exercise. Students mapped out safe walking/jogging/biking routes (1-3 miles) near the UK campus. Calorie counts from restaurants on or surrounding campus were included with a link to forms and amounts of physical activity that would be required to burn those calories off.

#### Second Sunday (2008-2012)

- Human nutrition students, dietetic students, and students from multiple nutrition courses and UK 101 volunteered at the Fayette County 2<sup>nd</sup> Sunday activities. 200 student volunteers participated in October, 2011. Students from DHN 474 conducted participant interviews to assess why people came, what they knew about the event, and their level of physical activity. Students then entered and analyzed the data and made recommendations to event organizers.

#### UK Woman’s Club Cookbook (2008-2010)

- Recipes from the 1948, 1975, and 1984 Woman’s Club “Stay for Tea” cookbooks were modified by students in DHN 304: Experimental Foods. Modified recipes with nutrition information will be included in the “Stay for Tea – Centennial Edition” cookbook available in 2010. Students will be acknowledged for their work in the cookbook.

### **Service and Recognition Related to Teaching and Advising**

#### Individual Awards:

Great Teacher Award, University of Kentucky Alumni Association, February 2016  
 Outstanding Faculty Partner, University of Kentucky, Division of Student Affairs, April 2015  
 North American Association of Colleges & Teachers in Agriculture Teaching Award of Merit, April 2015  
 Provost Outstanding Teaching Award, University of Kentucky, April 2014  
 Outstanding Educator Award, Kentucky Academy of Nutrition and Dietetics, April 2014  
 Teaching Excellence in Support of Professional Nursing Award, College of Nursing, April 2012  
 Master Teacher Award, Gamma Sigma Delta Kentucky Chapter, College of Agriculture, March 2012  
 Patricia Brantley Todd Award of Excellence in Teaching at the University of Kentucky, December 2009  
 North American Association of Colleges & Teachers of Agriculture Teacher Fellow, June 2009  
 Office of eUreKa Outstanding Faculty Mentor, April 2009  
 Early Career Outstanding Teacher Award, College of Agriculture, May 2008  
 Centennial Future 100 Award from School of HES, March 2007

#### Team Awards:

NEAFCS Social Networking Award for Plate It Up! Kentucky Proud, 2015 – 1<sup>st</sup> place Southern Region

NEAFCS Social Networking Award for Plate It Up! Kentucky Proud, 2013 – 1<sup>st</sup> place Southern Region, 2<sup>nd</sup> place Kentucky

Kentucky Department of Agriculture Partner in Excellence Award, 2012

Honors:

University of Kentucky Ken Freedman Outstanding Faculty Advisor nominee, 2014, 2015, 2016, 2017, 2018

2014 Bob Hough Teaching Tip Award, North American Association of Colleges & Teachers of Agriculture (for paper with Dr. Roger Brown), 2015

Bluegrass Higher Education Consortium Academic Leadership Academy, 2015

University of Kentucky Nominee for the Acorn Award, KY Council on Post-Secondary Education, 2015, 2017

University of Kentucky Nominee for the USDA NIFA National Awards Program for Excellence in College & University Teaching in the Food & Agricultural Sciences, 2015

Alpha Gamma Delta Favorite Teacher Award, September 2014

Honorary Distinguished Membership, The National Society of Collegiate Scholars, 2013

American Dietetic Association Leadership Institute, Selected Attendee, June 2011

University of Kentucky Greek Hall of Fame, 2011

University of Kentucky and Erikson Society Fellow (Tammy & Brian Stephenson Fund), 2010

Gamma Sigma Delta, The Honor Society of Agriculture, March 2011

Honorary Member of Kentucky Extension Association of Family and Consumer Sciences, December 2010

Faculty with greatest number of courses (five-seven) acquiring course evaluation scores in Top 20 % of School of HES, School of HES Retreat, 2007-2016

UK Panhellenic Council Favorite Professor, November 2009

UK College of Education Teacher Who Made a Difference, 2009, 2012, 2016, 2017

Marquis Who's Who in Teaching, 2007-2013

Strathmore's Who's Who Outstanding Professionals, 2010

**ADMINISTRATION: 20%**

Director of Undergraduate Studies for Dietetics and Human Nutrition (2010-current)

- Coordinate DHN advising activities, including management of 350-550 students and 5 DHN advisors
- Coordinate DHN program and course proposal submissions
- Co-Director of UK Cross-Disciplinary Certificate (HHS, KHP, DHN) – *Nutrition for Human Performance*
- Led the submission of the DHN Admission Policy and co-facilitate management of the Admissions Policy with DHN Academic Coordinator
- Coordinate annual DHN undergraduate assessment activities for B.S. in Dietetics and B.S. in Human Nutrition
- Chair, DHN Curriculum Committee
- Member, CAFE Undergraduate Committee
- Evaluate DHN course equivalency requests and education abroad equivalency requests
- Planning of course catalog and processing overrides
- Recruiting and coordinating selection and training of DHN 101 undergraduate instructional assistants (approximately 50 students apply annually for 5 positions)

## **RESEARCH: 10.5%**

### Key Areas of Research:

- Student engagement and enrichment activities
- Pedagogy of teaching and learning
- Promotion of locally-grown fruits and vegetables
- Diet, physical activity, and body composition of college students

### **Invited Speeches & Presentations**

Academy of Nutrition and Dietetics Annual Meeting – “Summer Gleaning: Providing Education and Healthy Meals to Food Insecure Children.” poster presentation, October, 2017

Kentucky Posters-at-the-Capital – “Sustainable Approaches to Fighting Hunger: Development and Evaluation of an Innovative Gleaning and Nutrition Education Program Among Food Insecure Children in Lexington, Kentucky.” - poster presentation, February 2017

Sixth Annual Sustainability Forum at the University of Kentucky – “Sustainable Approaches to Fighting Hunger: Development and Evaluation of an Innovative Gleaning and Nutrition Education Program Among Food Insecure Children in Lexington, Kentucky.” - poster presentation, December, 2016

Academy of Nutrition and Dietetics Annual Meeting – “Student-Powered Hunger Relief: Cultivating Dietetic and Nutrition Professionals.” oral presentation, October, 2016

Academy of Nutrition and Dietetics Annual Meeting – “Color Your Plate: A pilot nutrition education intervention to increase fruit and vegetable intake among seniors participating in congregate meal site program in Kentucky Senior Centers.” – poster presentation, October, 2016

Society for Nutrition Education and Behavior Annual Meeting – “Service Learning: *Plate It Up! Kentucky Proud* recipe development project.” - poster presentation, July, 2016.

Academy of Nutrition and Dietetics NDEP Meeting – “Using Technology to Enhance Your Teaching.” – oral presentation, March 2016

Fifth Annual Sustainability Forum at the University of Kentucky – “The Campus Kitchen at the University of Kentucky.” – poster presentation, December 2015

School of Human Environmental Sciences – “Increasing Food Security and Empowering Women in Ghana, West Africa.” – poster presentation, December 2015

School of Human Environmental Sciences – “Engaging Students in Hunger Initiatives – SSTOP Hunger and the Big Blue Pantry.” – poster presentation, December 2015

School of Human Environmental Sciences – “The Campus Kitchen at the University of Kentucky: Accomplishments After One Year in Operation.” – poster presentation, December 2015

University of Kentucky Food Connection Seminar Series – “The Campus Kitchen at the University of Kentucky.” – oral presentation, November 2015

Superfund Research Program Annual Meeting – “Level of Concern Regarding Harmful Health Effects of Environmental Contaminants among Older Adults Participating in Kentucky’s Congregate Meal Site Program and their Understanding of the Protective Role of Good Nutrition.” – poster presentation, November 2015

Society for Nutrition Education and Behavior Annual Meeting – “Service Learning: *Plate It Up! Kentucky Proud* recipe development project.” - poster presentation, July 2015.

North American Association of Colleges and Teachers of Agriculture Annual Meeting - “The Campus Kitchens Project: Unique Opportunities for Colleges of Agriculture to Engage Students in Meaningful Community Outreach Efforts to Fight Hunger.” – oral presentation, June 2015

North American Association of Colleges and Teachers of Agriculture Annual Meeting - “Innovative approach to promote higher learning of complex scientific concepts in a rigorous nutritional biochemistry course.” – poster presentation, June 2015

STEM Teaching Strategies Virtual Summit: Learning Without Limits – “Using Digital Tools to Enhance the Classroom Experience” – webinar, March 2015

McGraw-Hill Life Sciences Teaching Symposium – “Lessons learned: the use of digital learning reports to enhance teaching.” - oral presentation, February 2015

The Teaching Professor Technology Conference – “Electronic Textbooks: Embracing the technology for an engaging learning experience” – oral presentation, October 2014

North American Association of Colleges and Teachers of Agriculture Annual Meeting - “The evolution of electronic textbooks in higher education – what do our students think?” – oral presentation, June 2014

North American Association of Colleges and Teachers of Agriculture Annual Meeting - “Sustainable service learning: Lessons learned from five years of successful partnership.” – oral presentation, June 2014

Kentucky 2014 Pedagogicon Conference: Practicing Scholarly and Creative Teaching - “From Yoda to Ironman: Selecting Technologies That Best Fit You, Your Students, and Your Course” – oral presentation, May 2014

Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo - “Student attitudes toward electronic textbooks and their use in an Introductory Nutrition college course” – oral presentation, October 2013

Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo - “Development of an Interactive Dietetics Counseling Course” – poster, October 2013

Nutrition Educators of Health Professionals, Academy of Nutrition & Dietetics – “ From Sub-par to Rockstar: Strategies for Excellence in Online Nutrition Education” – webinar (100+ live attendees), September 2013

UK College of Agriculture, Food, and Environment Teaching Assistant Training Conference – “Technology in the Classroom.” – August 2013

Annual Kentucky Fraternity and Sorority Advisory Team Training Conference – “Faculty and Administrator Perceptions of Fraternity and Sorority Life.” - August 2013

Gamma Sigma Delta Master Teacher Lecture, College of Agriculture – “Embracing technology in both the online and traditional face-to-face classroom: Strategies to promote student engagement and learning.” – November 2012

School of Human Environmental Sciences Research Luncheon – “The Legacy Trail Project – Student Engagement” – October 2012

National Extension Association of Family & Consumer Sciences Annual Conference – “Plate It Up! Kentucky Proud” – September 2012

Community Development Society’s Annual Conference - “*Plate it Up! Kentucky Proud: Promoting local food sustainability through classroom/community interaction.*” – July 2012

Social Marketing in Public Health Conference – “ Plate it Up! Kentucky Proud: Statewide social marketing campaign to increase consumer purchase and consumption of locally grown fruits and vegetables.” – May 2012.

Bluegrass District of the Academy of Nutrition & Dietetics – “Plate It Up! Kentucky Proud” – May 2012  
School of Human Environmental Sciences Research Luncheon – “Undergraduate Research: The nuts and bolts of mentoring undergraduate research.” – December 2011

Kentucky Engagement Conference – “Plate It Up, Kentucky Proud: A successful and sustained collaboration engaging students, faculty, administrators, extension agents, and communities throughout the state of Kentucky.” - November 2011

American Dietetic Association Annual Meeting – “Engaging Dietetic and Nutrition Students in Fighting Hunger.” – Poster, September 2011

American Dietetic Association Annual Meeting – “Educating future dietitians and health professionals through integration of a service learning project in multiple classes and across disciplines: Student attitudes towards Second Sunday Service Learning Project.” – Poster, September 2011

American Dietetic Association Annual Meeting – “Nutrition knowledge and dietary habits of Farmers Market patrons: implications for promoting consumption of locally grown fruits and vegetables.” – Poster, September 2011

University of Kentucky College of Agriculture Teaching Seminar – “Hybrid courses” – May 2011.

Universities Fighting World Hunger (Guelph, Canada) – “Engaging Undergraduate Nutrition Students in Fighting Hunger”-Poster, February 2011

American Dietetic Association Annual Meeting Invited Speaker (Boston, Massachusetts) – “Service Learning”, November 2010

UK Athletics Female Athletes – “Diet to Fuel Athletic Performance”, September 2010

University of Kentucky Sustainability Conference – “Sustainability in campus dining: Assessing plate waste on the University of Kentucky campus” - Poster, September 2010

American Dietetic Association Annual Meeting Innovations in Teaching Session (Denver, Colorado) “Service Learning through modifying recipes to make them more health promoting for inclusion in a Centennial celebration cookbook”, October 2009

Phi Upsilon Omicron Meeting – “Cookbook Projects”, April 2010

HES All School Conference – “Collaborative Project between students and FCS Extension”, December 2009

Kentucky Home Economics Association Annual Meeting – “Cookbook Projects”, December 2009

UK Woman’s Club “How to Make a Recipe Healthier”, September 2009

UK Woman’s Club Centennial Luncheon “Centennial Cookbook Project”, April 2009

Blazer Hall “Eating Healthy on Campus”, March 2009

UK 101 Class “Healthy Eating Guidelines for College Students”, October 2008

UK Pharmacy School “What pharmacists need to know about healthy eating”, March 2008

The effects of soy protein use on renal function in young Type I diabetics with early diabetic nephropathy. 2001 Fourth International Symposium on the Role of Soy in Preventing and Treating Chronic Disease, San Diego, CA, USA.

Dietary intake of a soy protein isolate supplement improves nutritional status in malnourished hemodialysis patients. 2001 Fourth International Symposium on the Role of Soy in Preventing and Treating Chronic Disease, San Diego, CA, USA.

The health benefits of soy. 2001 Kentucky Dietetic Association Annual Meeting, Florence, KY, USA.  
Oligofructoses: what are they and health benefits. 2000 North Carolina Dietetic Association Annual Meeting, Raleigh, NC, USA.

Dietary Soy Intake and Chronic Renal Disease. 2000 Cincinnati/Dayton Council on Renal Nutrition Fall Symposium, Cincinnati, Ohio, USA.

### **External Funding**

*Plate It Up! Kentucky Proud: Recipe Development and Education for Those Experiencing Hunger, 2017*  
Principal Investigator (Co PI Cherry Kay Smith)

Funding Source: Kentucky Department of Agriculture, U.S. Department of Agriculture

Amount Requested: \$50,000 Amount Awarded: \$25,000



*Fostering Evidence-Based Interventions to Increase Food Security for Older Adults: Campus Kitchens Project Campus Evaluation Partner, 2017*

Principal Investigator (Co PI's Amanda Hege and Janet Mullins)

Funding Source: The Campus Kitchens Project and AARP Foundation

Amount Requested: \$50,000 Amount Awarded: Not Awarded

*Higher Education Challenge Grant Obesity Food Insecurity Paradox, USDA-NIFA-CGP-005716, 2016*

Co-PI (PI: Alison Gustafson, Co-PIs Amande Hege, Jessica Houlihan)

Funding Source: U.S. Department of Agriculture Higher Education Challenge

Amount Requested: \$200,000 Amount Awarded: \$200,000

*Plate It Up! Kentucky Proud Recipe Development and Evaluation for Consumers and Producers: Focus on 2015-2020 Dietary Guidelines for Americans, 2016*

Principal Investigator (Co PI Ann Vail)

Funding Source: Kentucky Department of Agriculture, U.S. Department of Agriculture

Amount Requested: \$50,000 Amount Awarded: \$43,261

*Multicultural Scholars Program in Human Nutrition and Hunger Studies at the University of Kentucky, 2015 [resubmission]*

Principal Investigator (Co PI Sandra Bastin and Quentin Tyler)

Funding Source: U.S. Department of Agriculture Higher Education Multicultural Scholars Program

Amount Requested: \$200,000 Amount Awarded: Not Awarded

*Plate It Up! Kentucky Proud Recipe Development and Evaluation for Consumers and Producers: Healthy Meals that Serve One or Two, 2015*

Principal Investigator (Co PI Ann Vail)

Funding Source: Kentucky Department of Agriculture, U.S. Department of Agriculture

Amount Requested: \$50,000 Amount Awarded: \$50,000

*Multicultural Scholars Program in Human Nutrition and Hunger Studies at the University of Kentucky, 2014*

Principal Investigator (Co PI Sandra Bastin and Quentin Tyler)

Funding Source: U.S. Department of Agriculture Higher Education Multicultural Scholars Program

Amount Requested: \$200,000 Amount Awarded: Not Awarded

*Programs to Reduce Obesity in High Obesity Areas (CDC-RFA-DP14-1416), 2014-2017*

Co-PI (PI Ann Vail; Co PIs Sandra Bastin, Kelly Webber, Kelly Gustafson, Janet Mullins, Janet Kurzynske, Nicole Peritore, Marisa FitzGerald, Angela Carman, Kathryn Cardarelli, Cherry Kay Smith, Alison Davis, Margaret McGladrey)

Funding Source: National Center for Chronic Disease Prevention and Health Promotion (CDC)

Amount Requested: \$1.8 million Amount Awarded: \$1.8 million (total 3 years)

*Plate It Up! Kentucky Proud Recipe Development and Evaluation for Consumers and Producers Using Healthy Specialty Cooking Techniques with an Emphasis on Grilling, 2014*

Principal Investigator (Co PI Ann Vail)

Funding Source: Kentucky Department of Agriculture, U.S. Department of Agriculture

Amount Requested: \$50,000 Amount Awarded: \$50,000

*Plate it Up! Kentucky Proud Recipe Development for Consumers and Producers with One-Dish Healthy Meals Research Component, 2013*

Principal Investigator (Co PI Ann Vail)

Funding Source: Kentucky Department of Agriculture, U.S. Department of Agriculture

Amount Requested: \$49,996 Amount Awarded: \$49,996

*Plate it Up! Kentucky Proud Recipe Development for Consumers and Producers focused on Family Meals, 2012*

Principal Investigator (Co PI Laura Stephenson)

Funding Source: Kentucky Department of Agriculture, U.S. Department of Agriculture

Amount Requested: \$62,710 Amount Awarded: \$52,350

*Specialty Crop Recipe Development for Consumers with Nutrition Research Component, 2011*

Principal Investigator (Co PI Laura Stephenson)

Funding Source: Kentucky Department of Agriculture, U.S. Department of Agriculture

Amount Requested: \$75,000 Amount Awarded: \$50,340.

*Plate it Up! Kentucky Proud Specialty Crop Recipe Development and Dissemination, 2010*

Co-Principal Investigator (PI Laura Stephenson)

Funding Source: Kentucky Department of Agriculture, U.S. Department of Agriculture

Amount Requested: \$75,000. Funding Awarded: \$50,815.88

*Specialty crop recipe development, 2009*

Co-Principal Investigator (PI Laura Stephenson)

Funding Source: Kentucky Department of Agriculture, U.S. Department of Agriculture

Amount Requested: \$40,000. Funding Awarded: \$40,000

*Healthy habits Kentucky commodity recipe modification and development, 2009*

Co-Principal Investigator (PI, Laura Stephenson)

Funding Source: Kentucky Department of Agriculture, U.S. Department of Agriculture

Amount Requested; \$10,000 Funding Awarded: \$10,000

*The Effects of Soy Protein Supplementation on Nutritional Status and Chronic Inflammation in Malnourished Hemodialysis Patients, 2001*

Principal Investigator (Co-PI Paolo Fanti)

Funding Source: National Kidney Foundation

Amount Requested: \$16,000 Funding Awarded: \$16,000

### **Internal Funding**

*Cook It Up! Kentucky Proud Intervention Study, 2017*

Principal Investigator

Funding Source: HES Research Activity Award

Amount Requested: \$2,500 Amount Awarded: \$1,500

*The Walking Program in Whitesburg, KY, 2017*

Co-Principal Investigator (PI Dawn Brewer)

Funding Source: HES Research Activity Award

Amount Requested: \$4,000      Amount Awarded: \$4,000

*Carotenoid Scanner: Measuring Skin Carotenoids, 2017*

Co-Principal Investigator (PI Dawn Brewer)

Funding Source: University of Kentucky Research Minor Equipment Competition

Amount Requested: \$50,000      Amount Awarded: \$50,000

*UK Campus Kitchen Project: From Garden to Table: Sustainable Solutions, 2017*

Funding Source: University of Kentucky Student Sustainability Council

Amount Requested: \$3,195      Amount Awarded: \$3,195

*UK Campus Kitchen Project: Nutritious Meals and Intergenerational Mentoring: Addressing Food Insecurity Across the Lifespan, 2017*

Funding Source: University of Kentucky Student Government Association

Amount Requested: \$750      Amount Awarded: \$750

*Evaluating and Ensuring Food Security of Students at the University of Kentucky, 2017*

Principal Investigator (Co-PI Amanda Hege and Michael Pennell)

Funding Source: University of Kentucky Food Connection Grant Program

Amount Requested: \$9,750      Amount Awarded: \$6,750

*DHN Experiential Learning Visit – Whitesburg, KY, 2017*

Co-Principal Investigator (PI Liz Combs and Co-PI Dawn Brewer)

Funding Source: Charles E. Barnhart Fund for Excellence

Amount Requested: \$1,000      Amount Awarded: \$800

*Inclusive Excellence at the Table: Working Together to End Hunger, 2016*

(Co-PIs Lilian Brislen, Regina Dawson, Michael Goodin, Amanda Hege, Yolanda Jackson, Janet Mullins, Quentin Tyler, Tanya Whitehouse)

Funding Source: UK Office of Diversity Inclusive Excellent Study Grant Program

Amount Requested: \$18,259      Amount Awarded: Not funded

*BerryCare: A Blackberry Club to Facilitate Community Engagement and Phytonutrient Intake, 2016*

Co-Principal Investigator (PI Dawn Brewer and Co-PIs Amy Hosier, John Strang)

Funding Source: HES Extension Activity Award

Amount Requested: \$3,400      Amount Awarded: \$3,400

*The Tanglewood Trail Farmers Market: Engaging Undergraduate Students in Service Learning and Research to Promote Health of Low-Income Kentuckians in Whitesburg, Kentucky*

(Co-PIs Dawn Brewer and Elizabeth Combs)

Funding Source: HES Research Activity Award

Amount Requested: \$3,000      Amount Awarded: \$3,000

*Experiential Learning and Presenting Undergraduate Research at the Food Waste and Hunger Summit and Campus Kitchens Project Annual Boot Camp, 2016*

Principal Investigator (Co-PI Amanda Hege)

Funding Source: University of Kentucky Food Connection Grant Program

Amount Requested: \$10,000      Amount Awarded: \$4,200

*UK Campus Kitchen Project: MLK Academy of Excellence Operation Motivation Meal Delivery and Nutrition Education Program, 2015*

Funding Source: University of Kentucky Student Government Association

Amount Requested: \$1,500      Amount Awarded: \$1,150

*UK Campus Kitchen Project: Intergenerational Mentoring Program: Connecting Students and Older Adults and Senior Hunger Fellow, 2016*

Funding Source: University of Kentucky Student Sustainability Council

Amount Requested: \$5,000      Amount Awarded: \$5,000

*UK Campus Kitchen Project: MLK Academy of Excellence Operation Motivation Meal Delivery and Nutrition Education Program, 2014*

Funding Source: University of Kentucky Student Government Association

Amount Requested: \$1,500      Amount Awarded: \$1,150

*UK Campus Kitchen Project: Intergenerational Mentoring Program: Connecting Students and Older Adults, 2015*

Funding Source: University of Kentucky Student Sustainability Council

Amount Requested: \$4,000      Amount Awarded: \$4,000

*Stipends to Support Student Travel to 2015 Universities Fighting World Hunger Annual Summit, 2015 Food Waste and Hunger Summit, and 2015 Education Abroad Trip to Ghana, 2015*

Principal Investigator (Co-PIs Janet Mullins, Sandra Bastin, and Amanda Hege)

Funding Source: University of Kentucky Food Connection Grant Program

Amount Requested: \$10,000      Amount Awarded: \$2,500

*Food security through Active Student involvement (FAST) - Improving food security of UK students through economic development of Big Blue Pantry Food Bank, 2014*

Co-PI (PI Alison Gustafson; Co PIs Jillian Pyatte, Keiko Tanaka)

Funding Source: University of Kentucky Sustainability Challenge Grant

Amount Requested: \$20,000      Amount Awarded: Not funded

*Faculty Travel to Auburn University Hunger Solutions Institute, 2014*

Principal Investigator

Funding Source: Southeastern Conference Travel Grant Program

Amount Requests: \$1,000      Amount Awarded: \$1,000

*UK Campus Kitchen Project AARP Senior Hunger Outreach and Fellowship Sub-grant Program, 2014*

Funding Source: AARP Foundation, The Campus Kitchens Project

Amount Requested: \$3,000      Funding Awarded: \$3,000

*UK Campus Kitchen Project Senior Citizen Project, 2014*

Funding Source: AARP Foundation, The Campus Kitchens Project

Amount Requested: \$5,000 (online voting determines recipient) Funding Awarded: \$5,000

*UK Campus Kitchen Project, 2014*

Funding Source: University of Kentucky Student Sustainability Council

Amount Requested: \$5,000 Funding Awarded: \$4,000 (\$1,000 matched with other funding)

*DHN Student Travel to Academy of Nutrition and Dietetics Annual Meeting, 2014*

Funding Source: Charles E. Barnhart Fund for Excellence

Amount Requested: \$1,000 Funding Awarded: \$500

*DHN Student Engagement at the Universities Fighting World Hunger Summit, 2014*

Funding Source: College of Agriculture, Food, and Environment TIIF

Amount Requested: \$3,790 Funding Awarded: \$3,790

*DHN Student Travel to American Dietetic Association Annual Meeting to Present Peer-Reviewed Posters, 2011*

Funding Source: UK Agriculture/HES Alumni Association Grant

Amount Requested: \$2,000 Funding Awarded: \$1,400

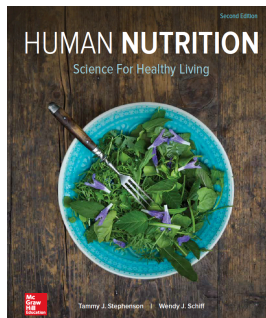
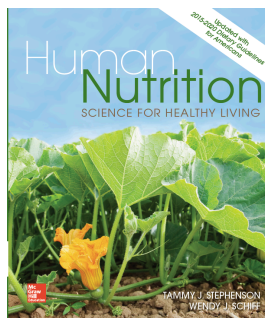
*Supporting and enhancing Student Dietetic Association efforts to promote awareness of food waste at the University of Kentucky and hunger issues both in the state of Kentucky and at a Global level, 2010*

Funding Source: Charles E. Barnhart Fund for Excellence

Amount Requested: \$1,000 Funding Awarded: \$1,000

**Publications: Textbooks and Digital Learning**

**Stephenson TJ** and Schiff WJ. *Human Nutrition: Science for Healthy Living, 1<sup>st</sup> edition*. McGraw-Hill Publishing. 2016 (in-print and e-textbook January, 2015). Print author and digital author for this majors-level introductory nutrition textbook used at 40 colleges throughout the U.S. (11/01/16).



**Stephenson TJ** and Schiff WJ. *Human Nutrition: Science for Healthy Living, 2<sup>nd</sup> edition*. McGraw-Hill Publishing. 2019 (In-print and e-textbook available as of January, 2018). Print author and digital author for the second edition of this majors-level introductory nutrition textbook.

Rawson ES, Branch JD, and **Stephenson TJ**. *William's Nutrition for Health, Fitness, and Sport, 12<sup>th</sup> edition*. McGraw-Hill Publishing. 2020 (scheduled for in-print and e-textbook January, 2019). *As of January 2018, in development phase*.

NutritionCalc Plus Dietary Analysis Digital Learning Project. McGraw-Hill Publishing. 2016-2017

Mastering Nutrition Digital Learning Project. McGraw-Hill Publishing. 2015-2016

Online Multiple Choice Questions Chapters 1-13 (35-45 questions per chapter) for Schiff W. *Nutrition for Healthy Living*. Second Edition, 2010. McGraw Hill Publishing.

Online Multiple Choice Questions Chapters 1-13 (35-45 questions per chapter) for Schiff W. *Nutrition for Healthy Living*. First Edition, 2008. McGraw Hill Publishing.

Chapter 15: Eating Disorders – Instructor Strategy for Medeiros D and Hewlings S. *Nutrition: Real People Real Choices*, First Edition. 2008. Prentice Hall Publishing.

#### Textbook Reviews – Reviewed Several Chapters for Each Textbook

Academy of Nutrition and Dietetics. *Pocket Guide to Nutrition Assessment*. 3<sup>rd</sup> ed. Chicago, I, 2014.

Schiff W. *Nutrition for Healthy Living*, 1<sup>st</sup>-4<sup>th</sup> editions. 2009, 2011, 2013. McGraw-Hill Publishing.

Medeiros D and Hewlings S. *Nutrition: Real People Real Choices*, First Edition. 2008. Prentice Hall Publishing.

Blake. *Nutrition and You*, First Edition, 2009. Pearson-Benjamin Cummings Publishing.

Insel, Turner, and Ross. *Nutrition*, Third Edition, 2009. Jones & Bartlett Publishers.

Schlenker and Roth. *Williams' Essentials of Nutrition & Diet Therapy*, Tenth Edition, 2009. Elsevier Publishing.

#### **Publications: Extension**

Cooperative Extension Service Parent Express, Published September 2009

*University of Kentucky College of Agriculture*

Nutrition Specialist updating all 27 issues

#### **Publications: Peer-Reviewed Journal Articles**

##### In Preparation:

**Stephenson T**, Brewer D, Combs L, Koempel A, McHugh K. Engaging students in rural health education through experiential learning in community nutrition course.

##### Submitted for Review:

Gustafson A, McGladrey M, and **Stephenson T**. Community wide efforts to improve the consumer food environment in rural obese counties, Kentucky 2015-2017. Submitted January 16, 2018 to the *Journal of Nutrition Education and Behavior*. Under Review.

**Stephenson TJ**, Hege A, Belazis L, Houlihan J, and Reinhart M. Engaging Students in Sustainability and Hunger-Related Outreach and Leadership Opportunities: The Campus Kitchens Project. Submitted July 29, 2016 to the *Journal of Hunger and Environmental Nutrition*. Under Review.

Accepted for Publication:

Dunn K, Gaetke L, **Stephenson T**, Brewer D. Formative Research for Curriculum Development: Older Adults' Perception of Nutrition Being Protective Against the Detrimental Health Effects of Environmental Pollution. Submitted February 2016 to the *Journal of Extension*. Accepted for Publication.

DeWitt E, Webber K, **Stephenson T**, Gustafson A. Community-Based Marketing Campaign at Farmers' Markets as a Way to Encourage Fruit and Vegetable Purchases Among Rural Obese Counties, Kentucky, 2015-2016. *Preventing Chronic Disease*. Accepted for Publication.

Liu E, Houlihan J, Stephenson T, Gustafson A. Marketing Strategies within Grocery Stores as a Way to Encourage Fruit and Vegetable Purchases Among Rural High Prevalence Obesity Counties. *Preventing Chronic Disease*. Accepted for Publication.

Published:

Brewer D, Dickens, E, Humphrey A, **Stephenson T**. Increased Fruit and Vegetable Intake Among Older Adults Participating in Kentucky's Congregate Meal Site Program. 2016 *Journal of Educational Gerontology* 42(11):771-774.

Brewer D, Brewer D, and **Stephenson TJ**. A Student-Driven Nutritional Biochemistry Recitation Course Demonstrated Better Grades and Acceptability among Enrolled Students. 2016 *Journal of the North American Association of Colleges and Teachers of Agriculture* 60(4):372-378.

**Stephenson TJ**, Mayes L, Combs EM, and Webber K. Developing communication skills of undergraduate students through innovative teaching approaches. 2015 *Journal of the North American Association of Colleges and Teachers of Agriculture* 59(4):313-318.

**Stephenson TJ**, Stephenson L, Mayes L, and Webber K. *Plate It Up! Kentucky Proud*: A case study of a local food system fruit and vegetable point of purchase social marketing campaign. Winter 2013 *Case Studies in Public Health Communication and Marketing* 7:60-76.

Roseman M, Poor M, and **Stephenson TJ**. An analysis of food references in television programming specifically targeted at tween viewing audiences. 2014 *Journal of Nutrition Education and Behavior* 46(1):20-5.

**Stephenson TJ**, Peritore N, Webber K, and Kurzynske J. A Learner-Centered Teaching Model Integrating Undergraduate Research and Service Learning. 2013 *Journal of the North American Association of Colleges and Teachers of Agriculture* 57(3):40-6.

Webber KH, **Stephenson TJ**, Mayes L, Stephenson L. Characteristics of farmers market patrons: implications for promoting consumption of locally-grown produce. 2013 *World Applied Sciences Journal* 23(2):267-71.

**Stephenson TJ**, Stephenson L, and Mayes L. Engaging students in service learning through collaboration with Extension: A recipe for success with community partners. 2012 *Journal of the North American Association of Colleges and Teachers of Agriculture* 56(4):78-84.

Fanti P, Asmis R, **Stephenson TJ**, Sawaya BP, Franke AA. Positive effect of dietary soy in ESRD patients with systemic inflammation – correlation between blood levels of the soy isoflavones and the acute-phase reactants. 2006 *Nephrol Dial Transplant* 21(8):2239-46.

**Stephenson TJ**, Setchell DK, Kendall CW, Jenkins DJ, Anderson JW, Fanti P. Effect of soy protein rich diet on renal function in young adults with insulin-dependent diabetes mellitus. 2005 *Clinical Nephrol* 64(1):1-11.

Fanti P, **Stephenson TJ**, Kaariainen IM, Rezkella B, Tsukamoto Y, Morishita T, Nomura M, Kitiyakara C, Custer LJ, Franke AA. 2003 *Nephrol Dial Transplant* 18(9):1862-8.

Anderson JW, **Hanna TJ**, Peng X, Kryscio RJ. Whole grain foods and disease risk. 2000 *J Am Coll Nutr* 19(3):291S-9S.

Anderson JW and **Hanna TJ**. Whole grains and protection against coronary heart disease: what are the active components and mechanisms. 1999 *Am J Clin Nutr* 70;307-8.

Anderson JW and **Hanna TJ**. Impact of nondigestible carbohydrates on serum lipoproteins and risk for cardiovascular disease. 1999 *J Nutr* 129;1247S-66S.

#### **Publications: Other Journal Articles**

**Stephenson TJ** and Brown R. Teaching Tips: Guiding Principles for Teaching with Technology. 2014 *Journal of the North American Association of Colleges and Teachers of Agriculture* 58(2):174-175.

#### **Publications: Book Chapters**

**Stephenson TJ** and Anderson JW. Phytoestrogens: Renal Effects - Diabetic Nephropathy. In: "Phytoestrogens and Health", Eds. Gilani CS and Anderson JA. 2002.

**Stephenson TJ** and Anderson JW. Soy and Diabetes, Kidney Disease, and Hypertension. In: "Soy and Human Health", Eds. Babaknia A and Messina M. 2002

Anderson JW, Smith BM, Moore KA, **Hanna TJ**. Soy Foods and Health Promotion. In: "Vegetables, Fruits and Herbs in Health Promotion." Watson RR (ed): CRC Press, Boca Raton, Florida: 9;117-134: 2000.

**Hanna TJ**, Green CS, Anderson JW. Benefits of soy protein in diabetes: role in preventing and treating kidney disease. In: "Soy – Its Role in Health and Wellness." Ohio Soybean Council, Columbus, Ohio, 1998.



### **Publications: Professional Newsletters**

**Stephenson TJ.** *Experiential Learning: What it is and why you should give it a try.* Academy of Nutrition and Dietetics Nutrition Educators of Health Professionals "The Educator's Resource" Newsletter: Spring, 2018.

**Stephenson TJ.** *Interprofessional Health Education and the Dietetics Profession.* Academy of Nutrition and Dietetics Nutrition Educators of Health Professionals "The Educator's Resource" Newsletter: Winter, 2017.

**Stephenson TJ.** *Engaging Millennial Learners for Academic Success.* Academy of Nutrition and Dietetics Nutrition Educators of Health Professionals "The Educator's Resource" Newsletter: Fall, 2017.

**Stephenson TJ.** *Introduction to Culinary Medicine.* Academy of Nutrition and Dietetics Nutrition Educators of Health Professionals "The Educator's Resource" Newsletter: Summer, 2017.

**Stephenson TJ** and Mayes L. *Electronic Textbooks Are Here: Are YOU Ready?* American Dietetic Association Nutrition Educators of Health Professionals Newsletter: Winter, 2012.

**Stephenson TJ** and Mihalynuk TV. *Service Learning Innovations in Nutrition and Health Professions Education.* American Dietetic Association Nutrition Educators of Health Professionals Newsletter: Winter, 2011.

Mihalynuk TV and **Stephenson TJ.** *Roundtable Discussion of Service Learning in Nutrition: Implications for Future Practice.* American Dietetic Association Nutrition Educators of Health Professionals Newsletter: Winter, 2011.

**Stephenson TJ** and Anderson JW. *Soy & Diabetes: Reviewing the Evidence.* The Soy Connection, American Dietetics Association, 2002.

**Stephenson TJ.** *Soy Protein in the Renal Diet.* Renal Nutrition Forum, American Dietetics Association, 2001.

Anderson JW and **Hanna TJ.** *The Effects of Soy Protein on Renal Health.* The Soy Connection 7(4): 1-6: 1999.

### **Publications: Abstracts**

Oo TNS (Kendra), Hege A, Brewer D, Gamboa L, Serra L, and **Stephenson T.** Summer Gleaning: Providing Education and Healthy Meals to Food Insecure Children. 2017 Academy of Nutrition & Dietetics FNCE Annual Meeting, Chicago, IL, USA

DeWitt E, Gustafson A, Mullens J, and **Stephenson T.** Social Marketing Campaign at Farmers' Markets to Encourage Fruit and Vegetable Purchases in Rural Counties with a High Obesity Prevalence. 2017 Society for Nutrition Education and Behavior Annual Meeting, Washington DC, USA

Oo TNS (Kendra), Hege A, Brewer D, Gamboa L, Serra L, and **Stephenson T**. Sustainable Approaches to Fighting Hunger: Development and Evaluation of an Innovative Gleaning and Nutrition Education Program Among Food Insecure Children in Lexington, Kentucky. 2017 Kentucky Posters-at-the-Capital. Frankfort, KY, USA

Hege A, **Stephenson T**, and Bastin S. Emerging leaders in nutrition and dietetics through innovative approaches to reducing food waste while ending hunger. 2016 Academy of Nutrition & Dietetics FNCE Annual Meeting, Boston, MA, USA

Dickens E, Humphrey A, **Stephenson T**, Gaetke L, and Brewer D. Color Your Plate: A pilot nutrition education intervention to increase fruit and vegetable intake among seniors participating in congregate meal site program in Kentucky Senior Centers. 2016 Academy of Nutrition & Dietetics FNCE Annual Meeting, Boston, MA, USA

Ashton E, Webber K, Schwartz A, and **Stephenson T**. The Effects of a 16-week Introductory Nutrition Course on the Dietary Habits and Body Composition of College Students. 2016 Society for Nutrition Education and Behavior Annual Meeting, San Diego, CA, USA

Simpson E, Bastin S, Brewer D, Schwartz A, and **Stephenson T**. Perceived Stress, Caffeine Consumption, and GPA of Undergraduate Students at a Large Public University. 2016 Society for Nutrition Education and Behavior Annual Meeting, San Diego, CA, USA

Humphrey A, Dickens, E, Brewer D, Gaetke L, and **Stephenson T**. *Plate It Up! Kentucky Proud* Recipe Sampling at Senior Centers: Promoting knowledge of locally grown fruits and vegetables. 2016 Society for Nutrition Education and Behavior Annual Meeting, San Diego, CA, USA

**Stephenson T**, Hege A, and Bastin S. Student Powered Hunger Relief. 2015 Tracy Farmer Institute for Sustainability and the Environment 5<sup>th</sup> Annual Sustainability Forum, Lexington, KY, USA.

Dickens E, Brewer D, **Stephenson T**, and Gaetke L. Level of Concern Regarding Harmful Health Effects of Environmental Contaminants among Older Adults Participating in Kentucky's Congregate Meal Site Program and their Understanding of the Protective Role of Good Nutrition. 2015 Superfund Research Program Annual Meeting, Puerto Rico.

**Stephenson TJ**, Humphrey A, Cunningham K, and Vaught J. Service Learning: *Plate It Up! Kentucky Proud Recipe* Development Project. 2015 Society for Nutrition Education and Behavior Annual Meeting, Pittsburg, PA, USA

**Stephenson T**, Hege A, Bastin S. The Campus Kitchens Project: Unique Opportunities for Colleges of Agriculture to Engage Students in Meaningful Community Outreach Efforts to Fight Hunger. 2015 North American Association of Colleges and Teachers of Agriculture Annual Meeting, Athens, GA, USA. NACTA Journal 2015;59(1):38.

Brewer D, Brewer D, **Stephenson T**. Innovative approach to promote higher-level learning of complex scientific concepts in a rigorous nutritional biochemistry course. 2015 North American Association of Colleges and Teachers of Agriculture Annual Meeting, Athens, GA, USA. NACTA Journal 2015;59(1):95.

Bressler J, Roe A, Oo K, Thenappan A, Hege A, and **Stephenson T**. The Campus Kitchen at the University of Kentucky: Innovations and Collaborations. 2015 Universities Fighting World Hunger Annual Summit, Guelph, Canada.

**Stephenson TJ** and Brewer, D. The evolution of electronic textbooks in higher education – what do our students think? 2014 North American Association of Colleges and Teachers of Agriculture Annual Meeting, Bozeman, MT, USA.

**Stephenson TJ**. Sustainable service learning: Lessons learned from five years of successful partnership. 2014 North American Association of Colleges and Teachers of Agriculture Annual Meeting, Bozeman, MT, USA.

**Stephenson TJ**, Lacefield V, Webber K, Moore K. Student attitudes toward electronic textbooks and their use in an Introductory Nutrition college course. 2013 Academy of Nutrition and Dietetics Annual Meeting (Food & Nutrition Conference and Expo), Houston, TX, USA.

Webber, K., **Stephenson TJ**, Combs L. Development of an Interactive Dietetics Counseling Course. 2013 Academy of Nutrition and Dietetics Annual Meeting (Food & Nutrition Conference and Expo), Houston, TX, USA.

Stephenson, L., **Stephenson, TJ.**, Branscum, K., Johnson, J., Mayes, L. *Plate it Up! Kentucky Proud:* Statewide social marketing campaign to increase consumer purchase and consumption of locally grown fruits and vegetables. 2012 Social Marketing in Public Health Conference, Florida, USA.

Stephenson L, **Stephenson TJ**, Branscum K. *Plate it Up! Kentucky Proud: Promoting local food sustainability through classroom/community interaction.* 2012 Community Development Society's Annual Conference, Ohio, USA.

**Stephenson TJ**, Webber K, Doggett D, Bentley K, Ernst J, Oduro H. Educating future dietitians and health professionals through integration of a service learning project in multiple classes and across disciplines: Student attitudes towards Second Sunday Service Learning Project. 2011 American Dietetic Association Annual Meeting (Food & Nutrition Conference and Exposition), San Diego, CA, USA.

Mayes L, **Stephenson TJ**, Stephenson L, Woods T. Nutrition knowledge and dietary habits of Farmers Market patrons: implications for promoting consumption of locally grown fruits and vegetables. 2011 American Dietetic Association Annual Meeting (Food & Nutrition Conference and Exposition), San Diego, CA, USA.

Mullins J, **Stephenson TJ**, Cox T, Fowler M, Rebholz J, Wheeler A, Camenisch A. Engaging nutrition students in fighting hunger. 2011 American Dietetic Association Annual Meeting (Food & Nutrition Conference and Exposition), San Diego, CA, USA.

**Stephenson TJ**, Stephenson, L, Addo, K, Johnson JH. Recipe development project: a successful integration of undergraduate service learning and Extension programming at the University of Kentucky. 2010 North American Association of Teachers and Colleges of Agriculture Annual Meeting, Penn State University, PA, USA. NACTA 2010;54:63.

**Stephenson TJ**, Anderson JW, Fanti P. The effects of soy protein use on renal function in young Type I diabetics with early diabetic nephropathy. 2001 Fourth International Symposium on the Role of Soy in Preventing and Treating Chronic Disease, San Diego, CA, USA.

**Stephenson TJ**, Sawaya BP, Fanti P. Dietary intake of a soy protein isolate supplement improves nutritional status in malnourished hemodialysis patients. 2001 Fourth International Symposium on the Role of Soy in Preventing and Treating Chronic Disease, San Diego, CA, USA.

Anderson JW and **Stephenson TJ**. Soy protein decreases serum cholesterol: a meta-analysis of recent studies. 2001 Fourth International Symposium on the Role of Soy in Preventing and Treating Chronic Disease, San Diego, CA, USA.

Fanti P, Sawaya BP, **Stephenson TJ**. Effects of soy isoflavones on the immuno-inflammatory response of end-stage renal disease patients on chronic hemodialytic therapy. 2001 Fourth International Symposium on the Role of Soy in Preventing and Treating Chronic Disease, San Diego, CA, USA.

Stephenson TJ, Anderson JW, Fanti P. Dietary intake of soy ameliorates glomerular hyperfiltration and lowers cholesterol in Type 1 diabetic patients. 2001 World Congress of Nephrology, San Francisco, CA, USA.

**Stephenson TJ**, Anderson JW, Fanti P. Soy protein use in early diabetic nephropathy. 2001 International Scientific Conference on Complementary, Alternative, and Integrative Medicine Research, San Francisco, CA, USA.

Fanti P, Tsukamoto Y, Kitiyakara C, Franke AA, Kaariainen IM, **Stephenson TJ**. Soyfoods intake and blood levels of soy isoflavones in Japanese, Thai, and North American end-stage renal failure patients on chronic hemodialysis therapy. 2001 International Scientific Conference on Complementary, Alternative, and Integrative Medicine Research, San Francisco, CA, USA.

Anderson JW, **Hanna TJ**, Fanti P. Soy protein decreases risk for heart and kidney disease. 2000 Clinical Nephrology Meetings. Atlanta, Georgia, USA.

Anderson JW & **Hanna TJ**. Soy protein and diabetic nephropathy. 2000 Seoul, Korea: Soybean and Human Health, S-8: 113-128, Nov. 2000.

**Hanna TJ**, Fanti P, Anderson JW. Beneficial effects of soy protein on renal function in Type 1 diabetic patients at risk for nephropathy. 1999 University of Kentucky Life Sciences Day, Lexington, KY, USA.

**Hanna TJ**, Fanti P, Anderson JW. Beneficial effects of soy protein on renal function in Type 1 diabetic patients at risk for nephropathy: a preliminary report. 1999 Third International Symposium on the Role of Soy in Preventing and Treating Chronic Disease, Washington, DC, USA.

**Hanna TJ** and Anderson JW. Soy protein decreases workload of kidneys in Type 1 diabetics at risk for nephropathy. 1999 Experimental Biology, Washington, DC, USA.

Anderson JW and **Hanna TJ**. Dietary fiber and coronary heart disease: past and present. 1998 JACN 17(5):500.

**Hanna TJ** and Anderson JW. The influence of fermented milk products containing *Lactobacillus acidophilus* on serum cholesterol in hypercholesterolemic humans. 1998 JACN 17(5):527.

**SERVICE:**

University of Kentucky Undergraduate Council (2016-current)  
College of Agriculture, Food, and Environment Student Success Team (2014-2015; Chair 2015-2017)  
CAFE Strategic Plan Diversity Team, Goal 4 (2016)  
Kentucky Hunger Dialogue Planning Committee (2016-current)  
University of Kentucky Student Surveying Coordinating Committee (2015-current)  
College of Agriculture, Food, and Environment Faculty Council (2014-2016)  
University of Kentucky Appeals Board Committee (2013-2015)  
University of Kentucky Academic Transformative Learning Committee (2015-2016)  
Nutrition Educators of Health Professions (Practice group of Academy of Nutrition and Dietetics), Co-Newsletter Editor. (2014-current)  
Nutrition Educators of Health Professionals, Chair/Executive Board (2013-2014)  
North American Association of Colleges and Teachers of Agriculture, Membership and Public Relations Committee, NACTA Campus Ambassador (2013-2016)  
Nutrition Educators of Health Professionals, Chair-Elect/Executive Board (2012-2013)  
Nutrition Educators of Health Professionals, Secretary/Executive Board (2010-2012)  
Big Blue Pantry Advisory Board (2014-2016)  
National Hunger and Homelessness Awareness Week Planning Committee (2014-2015)  
UK 101: Academic Orientation Steering Committee (2013-2014)  
Department Chair Search Committee, Nutrition & Food Science (2011-2012)  
Lecturer Search Committees, Dietetics & Human Nutrition (2012-current)  
Academic Coordinator Search Committee, Nutrition & Food Science (2011, 2013)  
Assistant Professor Search Committee, Dietetics & Human Nutrition (2011, 2013-2014)  
UK Composition and Communication General Education Pilot Vetting Team (2009)  
AAFCS Accreditation Committee, School of HES (2007-2009)  
Undergraduate Curriculum Committee, College of Agriculture, Food and Environment (2008-current)  
Awards Committee, School of HES (2009-2016)  
Human Nutrition Committee, Chairperson, Department of Nutrition and Food Science (2001-2011)  
Awards Committee, Chairperson, Department of Dietetics & Human Nutrition (2007-current)  
Curriculum Committee, Chairperson, Department of Dietetics & Human Nutrition (2007-current)  
Strategic Planning Committee, Chairperson, Department of Nutrition & Food Science (2008-2011)  
Search Committee, Department of Nutrition & Food Science (2008-2010)

**PROFESSIONAL DEVELOPMENT:**

Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo – 2008-2017  
Universities Fighting World Hunger and the Campus Kitchens Project Summit Squared in Canton, OH – March 2017  
Kentucky Hunger Dialogue in Lexington, KY – November 2016  
Society for Nutrition Education and Behavior Conference in San Diego, CA – July 2016  
Universities Fighting World Hunger Annual Summit at U. Missouri – February 2016  
Society for Nutrition Education and Behavior Conference in Pittsburg, PA – July 2015  
North American Assoc. Colleges & Teachers of Agriculture Annual Meeting in Athens, GA – June 2015

McGraw-Hill Life Sciences Teaching Symposium in New Orleans, LA – February 2015  
Presidents United to Solve Hunger, United Nations, New York, NY – December 2014  
Teaching Professor Teaching with Technology Conference in Denver, CO – October 2014  
North American Assoc. Colleges & Teachers of Agriculture Annual Meeting in Bozeman, MT – June 2014  
Kentucky 2014 Pedagogicon Conference: Practicing Scholarly and Creative Teaching – May 2014  
Universities Fighting World Hunger Annual Summit at Auburn– February/March 2014  
Bluegrass Academy of Nutrition & Dietetics annual meeting – February 2014  
American Dietetic Association Leadership Institute – June 2011  
Nutrition Educators of Health Professionals Strategic Planning Workshop – March 2011  
UK Faculty Learning Committee on Service Learning – 2009-2010  
Sports Dietetics Two-Day Workshop in Colorado Springs, CO – October 2009  
North American Assoc. Colleges & Teachers of Agriculture Annual Meeting in Stillwater, OK – June 2009  
Kentucky Conference on the Scholarship of Teaching & Learning in Lexington, KY May, 2008-2010  
Strategies for Success Teaching Workshop in Lexington, KY November, 2008  
Nutrition Teaching Forum in San Diego, CA February, 2008  
HES Faculty Retreat 2006-2017

Professional Memberships: Academy of Nutrition & Dietetics (and Practice Groups)  
Kentucky Academy of Nutrition & Dietetics  
Bluegrass Academy of Nutrition & Dietetics  
SCAN, Hunger & Environmental Nutrition, Nutrition Educators of Health Professionals, Research  
The American College of Nutrition  
The American Alliance for Health, Physical Education, and Recreation  
The North American Colleges & Teachers of Agriculture

**PERSONAL INTERESTS:**

Physical fitness – Nine-time half-marathon finisher (under 2-hour competitor), numerous 5K-10K road races (under 24 minute competitor), work out regularly and enjoy numerous outdoor sports  
Soccer coach –spring and fall soccer coach for U-6,U-8, U-10, and U-12 soccer teams at the YMCA of Central Kentucky (2007-2014); indoor soccer coach for U-10 (2013-2014)  
Lexington Football Club Executive Board – Director of Communications  
Soccer team coordinator – Lexington Football Club (2015-current)  
Great Leaps student tutor – Sts Peter & Paul School (1-2 hours per week, 2007-current)  
Sts Peter & Paul School parent volunteer (2006-current)  
Member, St. Paul Catholic Parish, Lexington, Kentucky (2011-current)  
Deacon and Sunday School teacher, New Union Church, Midway, Kentucky (2004-2008)  
Member, Goose Rocks Beach Association (2007-current)  
Member, Spindletop Hall (2014-current)  
Owner and operator of 30-acre farm in Fayette County, Kentucky (2001-current)